

CATHOLIC CHARITIES

BLOOMINGTON



PROVIDING HELP. CREATING HOPE.
ANNUAL REPORT, FISCAL YEAR 2008: JULY 1, 2007 - JUNE 30, 2008

*"Your light must shine before others,
that they may see your good deeds and glorify your heavenly Father."*
Matthew 5:16

Marsha McCarty, Agency Director
Agency Council During Fiscal Year 2008

Jim McGillivray, **President**
Shirley Boardman, **Secretary**
Mike John Radcliffe, **Treasurer**

Members

Maureen Gahan
Father John Hall
Jennifer Kincaid
Sister Joan Luerman, OSF
Wendy Perry

Ex-officio

David Siler, *Executive Director,
Secretariat for Catholic Charities
and Family Ministries*

Staff

Diana Aguilar, Office Manager
Laura Ingram, M.S., Staff Therapist
and School Counselor
Peggy York-Garcia, L.S.W., Staff Therapist
and School Counselor

Contract Therapists

Elisa Duncan, L.M.H.C.
Constance Krueger, L.C.S.W.
Luis Romero, M.S.
Don Weller, Ph.D., H.S.P.P.

Counseling Interns

Jill Ann Huse • Matt James
Lori Keller • Jan McDowell
Patti Torp • Julie Wisley

Volunteers

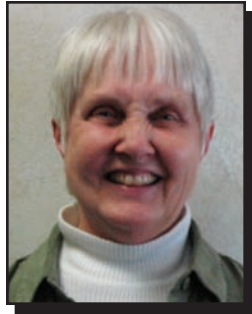
Patricia Agnew, Ph.D., H.S.P.P.
Meg McGillivray
Charlotte (Charley) Murphey

School Psychology Graduate Students

Rosanne Chien • Rose Jackson
Hemali Jambusaria • John Houser
Rachel Oxnard • Becky Perez

MISSION STATEMENT

Catholic Charities Bloomington is dedicated to the enhancement of the dignity and functioning for all persons in the community-at-large through education, social service delivery, and advocacy. We are especially committed to working within our communities to remove barriers that block the quality of life for the poor, the disabled, or for persons marginalized by our society in any way. We serve all residents of the counties of the Bloomington Deanery of the Archdiocese of Indianapolis: Brown, Lawrence, Morgan, Monroe, Orange and Owen Counties.



FROM THE AGENCY DIRECTOR

Fiscal Year 2008 was a year of exciting challenges and growth for Catholic Charities Bloomington. We saw an increased need for each of our programs: referrals, school counseling and outreach counseling; challenging us to provide services in the most effective ways possible.

We began counseling services at St. Charles Catholic School in Bloomington, and it quickly grew throughout the school year. In the spring semester we began providing counseling and assessment services at Pinnacle School, a private Bloomington school that primarily serves students with learning disabilities and other learning challenges. Meanwhile, we continued our school programs at St. Vincent de Paul School in Bedford and at St. Ambrose School in Seymour.

It was also a year of increased collaboration with other agencies. We partnered with Big Brothers/Big Sisters, the Boys and Girls Club, and Oak Tree Counseling to provide a program for boys, *Passport to Manhood*, and expanded our services to the residents of Martha's House, Bloomington's homeless shelter. We provided supervision and support for counseling at Bloomington Area Birth Services and continued services at St. Vincent de Paul parish in Bedford and St. Agnes parish in Nashville. We also reached out to the Latino community by continuing to employ a bilingual, Spanish-speaking therapist, Luis Romero. Counseling services in the Seymour deanery were enhanced with the employment of long-time Seymour resident and St. Ambrose parishioner, Claudia Dominick.

Last June, floods created serious damage for St. Martin of Tours parish and Martinsville residents. Our agency provided mental health services and case management immediately after the storm and will continue to do so for as long as they are needed. The archdiocese is employing a skilled Catholic Charities relief worker, operating out of St. Martin of Tours, to respond to the physical needs of the residents, coordinating home re-building and volunteers. We know complete recovery will take several years.

The funding for professional mental health services does not always expand as rapidly as the need. They are critical that we maintain stable funding in order to not interrupt services in any way. We are able to maintain this stability through several key sources: the archdiocese, United Way, individual donors, and by the fees we collect from our clients and insurance coverage for our services. We greatly appreciate all those who have supported us through contributions during this past fiscal year. We could not exist without this support.

Again, thank you.

A handwritten signature in black ink that reads "Marsha R. McCarty".

Marsha R. McCarty

Agency Director

PROVIDING

School Counseling, Consultation and Evaluation

School Year 2007-2008

Individual Counseling Sessions

St. Charles.....	21 Students
St. Ambrose.....	7
Pinnacle.....	27
St. Vincent de Paul.....	17

Small Group Counseling

St. Charles.....	19
St. Vincent de Paul.....	11

Total102 Students

Psychoeducational Classroom Groups

St. Charles.....	457 Students
St. Ambrose.....	49
Pinnacle.....	20

Total 526 Students

Sometimes real life issues threaten the ability of a student to be a successful learner, form healthy relationships, grow in confidence and understanding, and demonstrate behavior that reflects positive values. Two areas of service address these issues.

Social Skills Enhancement Groups and individual supportive counseling are offered in a more traditional therapeutic environment, provided on a weekly basis to students. In addition, consultation services for

teachers and parents are available to schools and students throughout the area served by the agency. Experienced staff offered psycho-educational testing to assess children's learning needs.

For some students, navigating the social circles at school and trying to fit in is a great challenge. Whether they are new to the school, naturally quiet, or perceived as different in some way from their classmates, these children often feel left out.

Lunch bunch groups were started at St. Charles during the 2007-08 school year to help students with social skills in an environment that is fun, engaging and involves feedback from a trained counselor. Students made progress in interacting with the other children in the lunch bunch, in the classroom and on the playground. Many students remarked that lunch bunch was one of their favorite things at school because it gave them a place where they felt like they fit in. The positive response to this program proved that learning about social skills and how to be a good friend is "cool" after all.



Outreach Counseling and Education, and Psychological Services

2,000 hours of counseling provided by Catholic Charities Bloomington in four office locations:

- Bloomington
- Seymour
- St. Agnes parish (Nashville)
- St. Vincent de Paul parish (Bedford)

The hours reported above are face-to-face counseling hours, not school counseling hours, and do not include staff time spent in contact with various agencies, schools, and other health care providers to facilitate client treatment. It also does not include time for travel or documenting care, which is often significant.



Board games with open-ended questions can be used in play therapy to help children start discussing difficult topics.

HELP.

Professional mental health providers deliver individual, couple, family and group counseling to all ages for a variety of mental health issues. These services are also available through a bilingual counselor to persons whose primary language is Spanish. Educational programs for families and groups are offered in topics such as building healthy families, stress management, and alcohol and drug issues in youth and families.

As a counselor of Catholic Charities, Peggy York-Garcia provides professional support to the local Rachel's Vineyard Retreats and Rachel's Network. Rachel's Vineyard programming focuses on healing for people who have been affected by the experience of abortion. Often when an individual has had a child, (or even a grandchild, niece or nephew) aborted, that person may experience symptoms of Post Traumatic Stress Syndrome, as Post Abortion Syndrome, which can include severe depression, anxiety, and social isolation that may persist for years.

Age of clients receiving services:

Children (under 18): 119

Adults (18+): 165

These numbers do not include other family members seen during family sessions.

Referral Services

Daily the agency is called upon to provide consultation and assistance in finding appropriate mental health services or other basic needs for anyone in the Bloomington Deanery. This consultation is offered to anyone who contacts our agency, to the staff in the Bloomington Deanery parishes, and to the community-at-large.



Laura Ingram, school counselor, gets to know a new group of students by leading them through fun activities in the classroom.

CREATING HOPE.

“He’s on the track team!” said Karen. I had just asked her how her son was doing. She was coming into the office to pick up Josh, who was seeing one of several student therapists and psychological examiners who come to our agency to gain counseling experience and hone their psychological testing skills.

This counselor-in-training had been involved with Josh, a middle schooler, his family and his school for several months. Seeing his stepmother’s smile and hearing her description of his academic and social improvements at school made me think back to a phone conversation I had had with her over a year ago. As I was returning to Bloomington one rainy evening from Indianapolis, she frantically reported that Josh had gotten upset and ran away. At that time he had just started middle school, had only been with his dad and stepmother a short time, and was having a difficult time adjusting. He was often angry, and his parents and I both sensed an underlying deep sadness.

The family worked hard in therapy. Josh’s school implemented recommendations we made after testing. Josh sometimes appreciated all these efforts and sometimes did not.

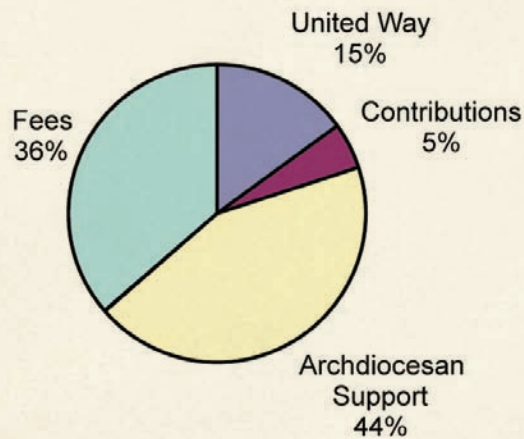
Helping families work through stressful times can be very challenging, but being part of a family’s journey as they turn challenge into opportunity and success can only be described as grace filled. These are the experiences that make me humble and able to acknowledge our agency’s ability to create hope in many lives.

-- Marsha McCarty, agency director
(Names of clients have been changed.)

OPERATING FUNDS DURING FISCAL YEAR ENDING 06/30/2008

Revenues

United Way	\$25,933	15.09%
Contributions	8,337	4.85%
Archdiocesan Support	75,204	43.75%
Fees	62,413	36.31%
Total Revenue	\$171,887	

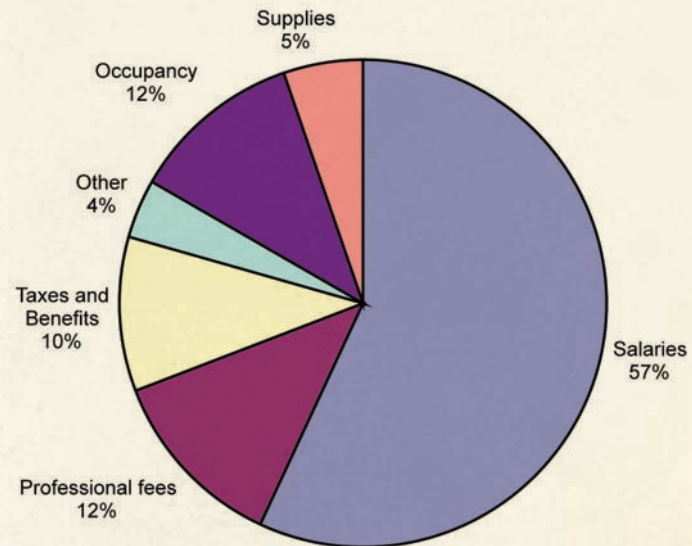


Expenses

Salaries	\$106,304	57.02%
Professional fees	22,484	12.06%
Taxes and Benefits	19,160	10.28%
Other	7,286	3.91%
Occupancy	21,487	11.53%
Supplies	9,701	5.20%
Total Expenses	\$186,422	

Net Loss

\$(14,535)



Catholic Charities serves any person in need of our services, regardless of their religious, social or economic backgrounds.

A copy of the 2008 Audited Financial Statement for the Chancery and Certain Entities for the Archdiocese of Indianapolis is available at www.archindy.org/finance/archdiocese.html.

SECRETARIAT FOR CATHOLIC CHARITIES AND FAMILY MINISTRIES
CatholicCharitiesIndy.org

Catholic Charities Indianapolis

Catholic Charities Bloomington

Catholic Charities Terre Haute

Catholic Charities Tell City

St. Elizabeth – Catholic Charities

Collectively last year all five agencies served more than 104,000 persons with the combined expenses of \$7.7 million and revenues of \$8.8 million. The total revenue amount includes a one million dollar capital grant from United Way of Central Indiana to help fund a new family homeless shelter in Indianapolis. (These figures are unaudited and a full audited statement is available at www.archindy.org/finance/archdiocese.html.)

Each agency serves any person in need. In addition we are licensed to complete adoptions throughout the States of Indiana and Kentucky. For a detailed look at each agency's services and operating funds, visit CatholicCharitiesIndy.org.

Effective July 1, 2008, St. Elizabeth/Coleman Pregnancy and Adoption Services became part of Catholic Charities Indianapolis, with David Bethuram serving as the agency director of this expanded agency. We are combining the strengths of each agency to deliver innovative services to complete adoptions and provide professional support for women experiencing unplanned pregnancies in central Indiana. It also allows us to become better stewards of our resources, particularly in the areas of fundraising, accounting and administrative support.

PROVIDING HELP. CREATING HOPE.

Staff and Advisory Council

David Siler, Secretariat Executive Director

David J. Bethuram, Secretariat Associate
Executive Director

Stefanie Anderson, Communications and
Marketing Coordinator

William Spangler, President of the Secretariat
Advisory Council, *St. Luke, Indianapolis*

(Parish and hometown listed.)

Members During Fiscal Year 2008

Jake Asher, *St. John, Indianapolis*

Mary Ann Browning, *St. Elizabeth Ann Seton, Carmel*

Bob Buckner, *St. Monica, Indianapolis*

Deacon Mike East, *St. Ambrose, Seymour*

Pinkie Evans, *St. Monica, Carmel*

Dave Grimes, *St. Benedict, Terre Haute*

Tom Hirschauer, *St. Luke, Carmel*

Deacon Bill Jones, *St. Bartholomew, Columbus*

Peggy Magee, *St. Pius X, Indianapolis*

Jim McGillivray, *St. Paul, Bloomington*

Ron Mead, *St. Vincent Health*

Rev. Don Schmidlin, *Retired, Indianapolis*

Sister Marlene Shapley, *St. Francis Hospital*

Deacon John Thompson, *St. Augustine, Clarksville*

Roberta Walton, *Our Lady of Mt. Carmel, Sheridan*

“The Church’s deepest nature is expressed in her three-fold responsibility: of proclaiming the word of God, celebrating the sacraments, and exercising the ministry of charity. These duties presuppose each other and are inseparable.”

Pope Benedict XVI, Deus Caritas Est



YOU'RE INVITED TO SHINE!

A Social Ministry Renewal

Led by Catholic Charities and inspired by Pope Benedict XVI's encyclical, *Deus Caritas Est* (God is Love), this year-long social ministry renewal is an effort to celebrate and awaken the service element of the Catholic faith. Our ultimate goal is for more individuals and families in our communities who are suffering to be served by more Catholics and Catholic institutions. As a result of SHINE, we hope to witness more collaboration among various ministries, an increased involvement with Catholic Charities and parishes beginning or expanding their own parish social ministry.

SHINE will be kicked off at a gathering of all pastoral leaders and social ministry leaders on October 1, 2009. This day will be designed to inspire, educate and equip us with tools to expand this ministry. This renewal effort will be an opportunity for the entire archdiocese to focus on the social mission of the Church for one full year "as we go forth to love and serve the Lord."

CATHOLIC CHARITIES BLOOMINGTON
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Bloomington, IN 47404
812-332-1262
CatholicCharitiesBtown.org

*"Love is the light—and in the end, the only light—that can always illuminate a world grown dim and give us the courage needed to keep living and working. To experience love and in this way to cause the light of God to enter into the world—this is the invitation I would like to extend with the present Encyclical." Pope Benedict XVI, *Deus Caritas Est**